



## BLENDEN INTENSIVE PROGRAMME

### "Empowering future healthcare professionals to lead in emergency"

<b>Objectives and description of the programme:</b> to provide students with knowledge on handling crisis and emergency situations, including how to communicate with the public and patients.	<b>Study field:</b> Health Care, Health Sciences. <b>Working language:</b> English
--	---

<b>Study course goal:</b> To empower future healthcare professionals to lead in an emergency. Students will learn how to act in crisis and emergency situations, how to communicate with the public and patients. They will be able to apply the acquired knowledge and in a safe environment, with their skills and abilities tested on how to help victims in emergency situations.	<b>Learning and teachings methods</b> <ul style="list-style-type: none"> <li>✓ Lectures</li> <li>✓ Workshops</li> <li>✓ Simulations</li> <li>✓ Group work</li> <li>✓ Independent work</li> </ul>
--	---

## ONLINE MOBILITY

6<sup>th</sup> – 24<sup>th</sup> of January 2025

MS Teams/ Zoom

Week	Date	Time (UTC +2)	Academic hours	Session title	Lecturer's name	Agenda
<b>1st week</b> (6.01. - 10.01.)	7.1.2025	15:30 17.00	2	Introductory	<b>Anna Darafeja, Sanita Litiņa, Viktors Gorovenko</b>	Introduction Presentation Q&A
	9.1.2025.	15:30 17.00	2	Individual preparedness for emergencies	<b>Dita Heiberga</b>	Presentation
<b>2<sup>nd</sup> week</b> (13.01.- 17.01.)	15.1.2025.	16:30 18.00	2	Psychological First Aid	<b>Anna Paula Spriedēja</b>	Presentation
<b>3<sup>rd</sup> week</b> (20.01.- 24.01.)	22.1.2025.	15:30 17.00	2	Introduction into communication in simulations	<b>Lāsma Šķestere</b>	About simulation



## PHYSICAL MOBILITY

27<sup>th</sup> – 31<sup>th</sup> of January 2025

5 Jāņa Asara Street, Riga, LV-1009, Latvia

Time	Room	Lecture/Activity	Lecturer's name
<b>Sunday, 26<sup>th</sup> of January</b>			
		Arrival	
<b>Monday, 27<sup>th</sup> of January (7 hours)</b>			
10:00-11:00	Conference room	Welcome Session	<b>Anna Darafeja, Sanita Litiņa</b>
11:00-12:30	Conference room	Intercultural Communication Workshop	<b>Anna Darafeja</b>
12:30-14:00	TBD	Lunch Break	
14:00-17:00	TBD	Medical museum trip	
<b>Tuesday, 28<sup>th</sup> of January (7 hours)</b>			
9:00-12:00	Conference room	Workshop	<b>Lāsma Šķestere</b>
12:15-13:45	TBD	Lunch break	
14:00-18:00	Conference room	workshop "Psychological First Aid"	<b>Anna Paula Spriedēja</b>
<b>Wednesday, 29<sup>th</sup> of January (6 hours)</b>			
9.00. - 12.00	Conference room	Major Incident Medical Management and Support (MIMMS)	<b>Dita Heiberga</b>
12.15.- 13.45	TBD	Lunch break	
14.00.- 17.00	Anņīmuižas bulvāris 26A	MITC visit	
<b>Thursday, 30<sup>th</sup> of January</b>			
9:00 - 12:00	Conference room	Workshop	
12.45 - 14.15	TBD	Lunch break	
14:30 - 15:30	Conference room	Presentation preparation	
<b>Friday, 31<sup>th</sup> of January</b>			
10:00-12:00	Conference room	Student Presentations, Reflections	<b>Anna Darafeja, Sanita Litiņa</b>
12:00-13:30	TBD	Lunch Break	
13:30-15:00	Conference room	Time for Networking	
<b>Saturday, 1st of February</b>			
		Departure	